



UDC 159.953:374.7:81

**PSYCHOLOGICAL AND PEDAGOGICAL CONDITIONS OF THE  
FORMATION OF FOREIGN LANGUAGE COMPETENCE OF ADULT  
LEARNERS****ПСИХОЛОГО-ПЕДАГОГІЧНІ УМОВИ ФОРМУВАННЯ ІНШОМОВНОЇ  
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**Abstract.** *The article examines the psychological and pedagogical conditions of the formation of professional and communicative competence of adults as one of the most important components of professional training of a specialist. The development of adult education is caused by rapid changes in technological processes that require highly developed professional knowledge and the ideas of constant personal development. The article presents different technologies, educational resources and tools that motivate adults and help them get success in learning a foreign language.*

**Keywords:** *adult learners, personal development, self-assessment, foreign language communicative competence, strong motivation.*

**Introduction.**

Today a special task of educational establishments of Ukraine is not only to provide all participants of the educational process with safe learning conditions, but also to provide them with good knowledge and skills, to make a person who is able to think creatively, make decisions, have his own point of view, adapt to certain living conditions, a person who is competent in his special field of science, a highly qualified specialist, who is good at foreign languages.

**The purpose and objectives of the study.**

The purpose of the article is to study the psychological and pedagogical conditions of the formation of foreign language communicative competence of adults and analyse the main prerequisites that will help them get success in future.

**Research results.**

To identify these conditions we used the following research methods and techniques, tested by us in the process of many years of teaching speech disciplines in higher education:

- structured observation of students' speech in order to obtain objective facts that reflect the level of formation of their communicative competence;
- group and individual conversations with students, aimed at identifying the qualitative and quantitative characteristics of their speech;
- testing in order to identify the communication skills of students, their abilities and speech and thinking skills;
- psychosemantic method, allowing to identify the universal and individual characteristics of the student's communicative personality;
- methods of self-characterization and self-presentation, allowing to identify the



adequacy of self-assessment of students in determining the level of formation of each of them as a communicative personality;

- socio-pedagogical examination aimed at forming a holistic view of the level of communicative competence of students [1].

We noted the profound research of E.B. Zorina, devoted to the study of the technology of forming the professional speech culture of students, as well as the work of N.V. Lyubeznova, I.S. Vykhodtseva, I.V. Sagitova, N.K. Lotova, N.E. Prudetskaya, devoted to the peculiarities of the development of the speech culture of adults. Speaking about the main psychological characteristics of adult learners that are analysed by both domestic and foreign scientists, we can point out the following: self-awareness, strong motivation; the desire to use the acquired knowledge in practice, the development of skills and abilities. As a rule, adult learners are more organized and disciplined. If an adult immediately gets the opportunity to practice new knowledge, he will keep this information in mind for a long time. Adult education should be focused on realistic challenges. While doing the tasks, it is better to take a real problem and solve it. If new knowledge does not correlate with what a person knows, he subconsciously adjusts to rejecting such knowledge.

As for the peculiarities of mastering a foreign language, adults have certain advantages over the young learners. They have the abstract way of thinking. Nerve cells, which are responsible for semantic analysis of words, are developed with age. It is much easier for adult learners to understand the structure of speech. Adults go from analysis to synthesis. They have a certain life experience and often during the assimilation of the material, they develop certain associations.

Foreign language training of adults is carried out in accordance with the requirements of Ukrainian qualification standards and current training programs for specialists of higher educational institutions of II-IV levels of accreditation and based on the recommendations of Council of Europe, British Council in Ukraine on language training. The Breaking News English Lessons: Easy English News / Current Events training site is extremely useful for learning foreign languages, namely English as a language of international communication. This site contains 995 free lessons that are constantly updated. The materials of the site are prepared in English on the basis of the latest news from around the world on various topics. All lessons are divided into sections on the following topics: • Business English • Environment • Health • Issues • Lifestyle • People • Technology • World News. These interactive learning materials, which can be easily copied and printed, have 7 levels of difficulty, which correspond to 5 levels of the European CEFR system [3].

The example of the resources that contribute much to the development of students speaking and listening skills are: <https://www.engvid.com/>, <https://www.bbc.co.uk/learningenglish/>, <https://listenaminute.com/>, [www.youtube.com/watch?v=qRO38UQGH7A](http://www.youtube.com/watch?v=qRO38UQGH7A) and others. Reading skills can also be developed through <https://learnenglish.britishcouncil.org/>, <http://www.bbc.co.uk/learningenglish/>, etc. These resources can be both a part of the classroom work and a task for self-study. The development of skills of a foreign language (in particular, writing) is facilitated by the platform <https://quizlet.com/>, that allows you to create interactive game tasks for the introduction and learning of new



vocabulary. Students work actively and achieve certain results [3].

As for individual work, depending on the level of language proficiency, individual characteristics of adult learners, we use such educational computer programs as Language in Use 24/7, Q Dictionary, Memo Booster, Exerciser, IELTS 7 Trainer; English Grammar in Use.

Special attention is also paid to teleconferencing in teaching. It goes about audio – conferencing, video-conferencing, web-based conferencing, open and distance learning. Due to the pandemic COVID19 and Russian aggression against Ukraine, the system of education has changed much. Many online learning platforms are offering free access to their services. Zoom, Google Meet, Udemy, MasterClass, Coursera provide both teachers and students with different tools for conducting lessons efficiently.

The educational site "Breaking News English Lessons: English News / Current Events" is extremely useful for learning foreign languages, namely English as the language of international communication. This site contains 995 free lessons, which are constantly updated. The site's materials are prepared in English based on the latest and hottest news from all over the world on various topics. All lessons-news are divided into categories by topics: • Business English • Environment • Health • Issues • Lifestyle • People / Gossip • Technology • world News. These interactive learning materials are easily copied and printed, have 7 levels of difficulty, which correspond to 5 levels of the pan-European CEFR system (pan-European competence in foreign languages: A1, A2, B1, B2, C1, C2).

Thus, the main psychological and pedagogical features of teaching adults a foreign language are the following:

- ✓ adults learn only what they think they need and their training will be effective when they have a strong motivation to master certain knowledge or acquire new skills;
- ✓ adults realize the need to use the acquired knowledge in practice, to develop their skills and abilities;
- ✓ adults, as a rule, are learning while doing exercises. But the problem they face is lack of time, because most of adults have full-time work;
- ✓ previous experience influences much on the education of adults;
- ✓ while teaching adults, a variety of teaching methods should be used which will let them learn a foreign language and succeed in future.

According to our notes, those, who try to improve their skills, undergo numerous trainings, seminars they need for work. Such adults are easily involved in learning process, than those, who always deal with monotonous work [5].

### **Conclusions.**

There are sufficient grounds for considering professional and communicative competence as one of the most important components of professional training of a specialist. A communicative person possesses a complex of verbal and cognitive knowledge, skills, abilities and skills that allow her to feel confident in the professional sphere, to navigate freely in the modern business world, to realize creative potential in social and professional activities, to regulate the behaviour of all participants in communication, to vary communication strategies and means taking



into account the dynamics of the speech situation. Teaching adult learners a foreign language is more successful when both individual and group forms of learning are activity used. To facilitate the process of learning a foreign language, it is necessary to provide adult learners with support by choosing new forms, methods, technologies and content of teaching.

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***Анотація.** У статті досліджено психолого-педагогічні умови формування професійно-комунікативної компетентності дорослих як одного з найважливіших компонентів професійної підготовки фахівця. Розвиток освіти дорослих зумовлений стрімкими змінами в технологічних процесах, які вимагають високорозвинених професійних знань та ідей постійного розвитку особистості. У статті представлено різні технології, освітні ресурси та інструменти, які мотивують дорослих і допомагають їм досягти успіху у вивченні іноземної мови.*

***Ключові слова:** дорослі учні, особистісний розвиток, самооцінка, іноземна комунікативна компетентність, сильна мотивація.*

Стаття відправлена: 24.10. 2022 г.

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