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## **MAIN CONSTITUENTS OF PSYCHOLOGICAL ASPECT OF SAFE EDUCATIONAL ENVIRONMENT**

The concept of **Psychologically Safe Educational Environment** has been the first of three basic components (Psychologically Safe Educational Environment, Ecologically Safe Educational Environment and Information Safety of Educational Environment) that make the framework of the Safe Educational Environment.

We should consider such terms as **Psychology, Educational Psychology, Psychological safety, Psychological health in educational establishments and Psychologically Safe Educational Environment.**

**Psychology** is the scientific study of the mind and behavior, according to the American Psychological Association. Psychology is a multifaceted discipline and includes many sub-fields of study of such areas as human development, sports, health, clinical, social behavior and cognitive processes. Psychology is really a very new science, with most advances happening over the past 150 years or so. However, its origins can be traced back to ancient Greece, 400 – 500 years BC. The emphasis was a philosophical one, with great thinkers such as Socrates (470 BC – 399 BC) influencing Plato (428/427 BC – 348/347 BC), who in turn influenced Aristotle (384 BC – 322 BC). Philosophers used to discuss many topics now studied by modern psychology, such as memory, free will vs. determinism, nature vs. nurture, attraction, etc.

**Educational psychology** is the study of how people learn, including teaching methods, instructional processes, and individual differences in learning. It explores the cognitive, behavioral, emotional, and social influences on the learning process. Educational psychologists use this understanding of how people learn to develop instructional strategies and help students succeed in school. [3] The branch of educational psychology focuses on the learning process of early childhood and adolescence. However, it also explores the social, emotional, and cognitive processes that are involved in learning throughout the entire lifespan.

**Psychological safety** means feeling safe to take interpersonal risks, to speak up, to disagree openly, to surface concerns without fear of negative repercussions or pressure to sugarcoat bad news. Psychological safety nurtures an environment where people feel encouraged to share creative ideas without fear of personal judgment or stepping on toes. In this kind of environment, it feels safe to share feedback with others, including negative upward feedback to leaders about where improvements or changes are needed. [2]

**Psychological health** is a complex interaction of the mental, emotional, social or behavioral and spiritual dimensions of health. Possessing strength and resiliency in these dimensions can maintain your overall well-being and help you weather the storms of life.

**Educational Environment** is a part of the living environment of humans. As one of the psychological characteristics of this environment psychological safety becomes a significant issue as interpersonal psychological violence increases between students, teachers, parents and educational authorities. In the educational environment a person may be put off his or her stride or totally lose the ability to perform efficiently. It should be recognized that psychologists, teachers, students, engaged in educational process, are currently not equipped or ready enough for the task of making the lives and activities of educational environment participants psychologically safe. [1]

So, the urgent task of any educational establishment is to provide every participant of the educational process with **psychologically safe educational environment**, where students feel safe to make mistakes, take risks to further their learning and thinking and ask for help and support when needed. **Building a psychologically safe environment** has been shown to be foundational to supporting diversity, inclusion, and well-being of students across general educational fields. If we fail to identify behaviors that promote psychological safety in education, we risk these domains for our learners to identify behaviors that promote safety in education.

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